



Curriculum Vitae

10/27/2025

Orr Limpisvasti

CURRENT POSITION

- 2025 - Present Cedars-Sinai - Orthopaedic Surgeon
- 2005 - Present Clinical Instructor
Orthopaedic Biomechanics Laboratory
Long Beach VA Healthcare System
University of California at Irvine
- 2011 - Present Clinical Instructor
PreferUS
International Spine and Orthopaedic Institute

PROFESSIONAL CONTACT INFORMATION

- Cedars-Sinai
6801 Park Terrace Drive, #400
Los Angeles, CA 90045
(310) 665-7260

EDUCATION

- 1990 – 1994 B.S. in Biology, University of California Irvine
- 1994 – 1998 M.D., University of Rochester School of Medicine

POSTDOCTORAL TRAINING

- 1998 – 1999 Internship – General Surgery University of Hawaii
- 1999 – 2003 Residency – Orthopaedic Surgery University of Hawaii
- 2003 – 2004 Fellowship – Sports Medicine Kerlan-Jobe Orthopaedic Clinic

LICENSURE

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|-------------|--------------------|
| • 2002 | Hawaii, 12285 |
| • 2003 | California, A81635 |
| • 2005 | Arizona, 34262 |
| • 3/31/2027 | DEA |

BOARD CERTIFICATIONS

- 2007 American Board of Orthopaedic Surgeons – Board Certified
2016 – Recertification
- 2011 American Board of Orthopaedic Surgery Subspecialty Sports
Medicine CAQ
2016 – Recertification

PREVIOUS POSITIONS

- 2004 - 2025 Partner and Board Member
Kerlan-Jobe Orthopaedic

TEAM CARE POSITION

- 2004 – 2010 Team Physician and Orthopaedic Consultant
Los Angeles Kings Hockey Club
- 2005 - 2013 Team Physician and Orthopaedic Consultant
Los Angeles Angels Baseball Club
- 2005 – Present Team Physician/Orthopaedic Surgeon
West Los Angeles College
- 2005 – Present Head Team Physician/Orthopaedic Surgeon
Fullerton Junior College
- 2005 – Present Head Team Physician/Orthopaedic Surgeon
Biola University
- 2006 Event Physician/Orthopaedic Surgeon
Inaugural World Baseball Classic

- 2008 – Present
 - 2008 – Present
 - 2010 – 2019
 - 2019-Present
 - 2010 – Present
 - 2011 – Present
 - 2011 – Present

Anaheim, CA

Orthopaedic Consultant

United States Tennis, Carson, CA

Orthopaedic Consultant/Event Physician

PGA Northern Trust Open

Riviera Country Club

Los Angeles, CA

Medical Director

Anaheim Ducks Hockey Club

Orthopaedic Surgery

Anaheim Duck Hockey Club

Team Physician/Orthopaedic Surgeon

Long Beach State University Baseball

Orthopaedic Surgeon

Los Angeles Ballet Company

Orthopaedic Surgeon

Los Angeles Ballet Company

MAJOR LEADERSHIP POSITIONS

- 2025 – Present
 - 2013 - 2025

Director of Research

Cedars-Sinai Orthopaedic Sports Medicine Fellowship Program

ACGME Accredited

Director of Research

Kerlan-Jobe Orthopaedic Sports Medicine Fellowship
Program

ACGME Accredited

- 2015 - 2018 Co-Course Director
Professional Baseball Athletic Trainers Society
Baseball Medicine Course
Los Angeles, CA
- 2015 - 2016 Medical Director – West Region
Physiotherapy Associates

PREVIOUS POSITIONS

- 2004 – 2025 Partner and Board Member
Kerlan-Jobe Orthopaedic Clinic

OTHER COMMITTEE SERVICES

- 2008 – 2012 Medical Advisory Board
Ossur Americas
Foothill Ranch, CA
- 2011 – Present Kerlan-Jobe Orthopaedic Clinic
Member, Executive Committee
- 2011 – Present American Orthopaedic Society for Sports Medicine
(AOSSM)
Self-Assessment Committee Member
- 2012 - 2015 American Academy of Orthopaedic Surgeons
Publications Committee Member
- 2014 - Present National Hockey League

Team Physician Society

Research Committee

- 2019-Present American Orthopaedic Society for Sports Medicine

Membership Committee

PROFESSIONAL ASSOCIATES/SOCIETY MEMBERSHIPS

- 2004 – Present American Academy of Orthopaedic Surgeons
- 2004 – Present American Orthopaedic Society for Sports Medicine
- 2010 – Present NHL Team Physicians Association
- 2016 – Present American Shoulder and Elbow Surgeons

EDITORIAL SERVICES

- 2008 - Present American Journal of Sports Medicine, Journal Reviewer
- 2015 - Present Orthopaedic Journal of Sports Medicine, Journal Reviewer

HONORS AND SPECIAL AWARDS

- T. David Sisk Research Award- Sports Health 2019
Glenohumeral Internal Rotation Deficit and Risk of Upper Extremity Injury in Overhead Athletes: A Meta-Analysis and Systematic Review"
- T. David Sisk Research Award- Sports Health 2020
Proximal, Distal, and Contralateral Effects of Blood Flow Restriction Training on the Lower Extremities: A Randomized Controlled Trial
- AOSSM Fellows Research Award 2021
Biomechanical Comparison of Ulnar Collateral Ligament Reconstruction with and without Internal Bracing

INVITED LECTURE AND PRESENTATIONS

- 2005 Major League Baseball Winter Meeting. Team Physicians Society. Motion Analysis of Youth Baseball Pitching. Dallas, TX
- 2006 American Sports Medicine Institute. Baseball Medicine Meeting. Motion Analysis of Youth Baseball Pitching. Agoura Hills, CA
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- 2006 University of California at Irvine Orthopaedic Surgery Department. Grand Rounds. Current Concepts in Baseball Medicine. Irvine, CA
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- 2006 American Baseball Coaches Association. National Meeting 2006. Motion Analysis of Youth Baseball Pitching. Chicago, IL
-
- 2007 Stoller: Musculoskeletal Imaging Course. Current Concepts in Baseball Medicine. San Francisco, CA
-
- 2007 Professional Baseball Athletic Trainers Society (PBATS). Baseball Medicine Course. Understanding the Thrower's Shoulder. San Diego, CA
-
- 2008-2013 Educational Symposia. Musculoskeletal Imaging in Sports Medicine. Co-course Director (Orthopaedic). Las Vegas, NV
-
- 2008 Congress Medical Associates. Visiting Lecture. Understanding the Thrower's Shoulder. Pasadena, CA
-
- 2008 American Academy of Orthopaedic Surgeons. Annual Meeting. The effect of glenohumeral position on the shoulder after traumatic anterior dislocation. San Francisco, CA
-
- 2008-2014 Kerlan-Jobe Sports Medicine Fellowship. Case Presentation Conference Director. Los Angeles, CA
-
- 2008 Major League Baseball Winter Meeting. Team Physicians Society. Revision Ulnar Collateral Ligament Reconstruction. Las Vegas, NV

- 2009 University of California at Irvine. Shoulder Symposium 2009. Internal Impingement and the Thrower's Shoulder. Laguna Niguel, CA
- 2010 Professional Baseball Athletic Trainers Society (PBATS). Baseball Medicine Course. Understanding Internal Impingement and Thrower's Shoulder. St. Louis, MO
- 2011 University of Hawaii. Orthopaedic Residency Training Program. Visiting Professor. Honolulu, HI
- 2011 National Hockey League Team Physician Society Annual Meeting. Epidemiology of Shoulder Injuries in the NHL. Raleigh, NC
- 2011 Detroit Medical Center Orthopaedic Residency and Sports Medicine Fellowship Program. Visiting Professor 2011. Detroit, MI
- 2013 Major League Baseball Winter Meeting. Team Physicians Society. Biomechanical Analysis of Interval Throwing Progression. Orlando, FL
- 2014 Professional Hockey Athletic Trainers Society. Annual Meeting. Current Management of Shoulder Instability. Orlando, FL
- 2015 American Orthopaedic Society for Sports Medicine. Current Management of Hockey Injuries. Management of Elbow Injuries in Professional Hockey. Toronto, CA
- 2015 Professional Baseball Athletic Trainers Society (PBATS). Baseball Medicine Course
The Thrower's Shoulder and Impingement. Los Angeles, CA
- 2016 Physical Therapy Association. Combined Sections Meeting. Understanding Ulnar Collateral Ligament Reconstruction. Anaheim, CA

- 2017 Professional Baseball Athletic Trainers Society (PBATS). Baseball Medicine Course
Course Co-Chairman. Glendale, Arizona
- 2017 Arthrex Team Physicians Controversies. FAI In-Season Management vs. Off-Season. February. Naples, FL
- 2017 Orthopaedic Research Society. 1st SoCal Symposium. Los Angeles, CA
- 2017 Select Physical Therapy. Sports Symposium. Upper Extremity Injuries in the Overhead Athlete. Los Angeles, CA
- 2018 Professional Baseball Athletic Trainers Society (PBATS). Baseball Medicine Course. Ulnar Collateral Ligament Repair versus Reconstruction. Glendale, AZ
- 01/2018 Arthrex Orthopedic Technology Innovative Forum (OTIF). Treatment of Instability in the Athlete. Decreasing the Risk of Infection in Orthopaedic Surgery. Naples, FL
- 06/2018 Arthrex National Futures Forum. Naples, FL
- 07/2018 American Orthopaedic Society for Sports Medicine. Shoulder Instability. San Diego, CA
- 2019 Arthrex West Coast Orthopaedic Technology & Innovative Forum (OTIF).
- 04/2019 Arthrex West Coast Orthopaedic Technology & Innovative Forum (OTIF). Assessing Rotator Cuff Reparability. La Jolla, CA
- 05/2019 Arthrex Sports Medicine Fellowship Forum. Intra-operative and Office-Based Nanoarthroscopy. Naples, FL
- 06/2019 Arthrex National Futures Forum. Naples, FL

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- 09/2019 Arthrex Advancements in Nanoarthroscopy Diagnostic Imaging and Treatment. Patient Selection and Indications for Nanoarthroscopy, Billing and Coding for Nanoarthroscopy, Nanoarthroscopy – Subacromial Space and Rotator Cuff Technical Parts, Naples, FL
- 10/2019 Closed Meeting of the American Shoulder and Elbow Surgeons, “Novel Technique for UCL Repair and Internal Brace, New York City
- 12/2019 Major League Baseball Winter Meeting 2019 “Major League Baseball Pitching Performance After Tommy John Surgery and the Effect of Tear Characteristics, Technique, and Graft Type”, San Diego, California
- 12/2019 Major League Baseball Winter Meeting 2019 “Relationship Between Glenohumeral Internal Rotation Deficit and Medial Elbow Torque in High School Baseball Pitchers”. San Diego, California
- 12/2019 Arthrex Advancements in Nanoarthroscopy Diagnostic Imaging and Treatment, Naples, FL

BIBLIGORAPHY/PUBLICATIONS

1. Acute thrombosis of the common femoral artery complicating primary total hip arthroplasty. Limpisvasti O, Kane TJ 3rd. Orthopedics. 2003 Aug;26(8):815-6.
2. Single-incision suture anchor repair of distal biceps tendon rupture. Limpisvasti O, Singer DI. Tech Hand Up Extrem Surg. 2003 Sep;7(3):82-6.
3. C-reactive protein response following pediatric orthopaedic surgery. Limpisvasti O, Yandow SM, Raney EM. J Pediatr Orthop. 2004 Sep-Oct;24(5):574-5.
4. Understanding shoulder and elbow injuries in baseball. Limpisvasti O, ElAttrache NS, Jobe FW.
J Am Acad Orthop Surg. 2007 Mar;15(3):139-47. Review.
5. The effect of glenohumeral position on the shoulder after traumatic anterior dislocation.

Limpisvasti O, Yang BY, Hosseinzadeh P, Leba TB, Tibone JE, Lee TQ. Am J Sports Med. 2008 Apr;36(4):775-80.

6. Effect of a neuromuscular training program on the kinetics and kinematics of jumping tasks.

Chappell JD, Limpisvasti O. Am J Sports Med. 2008 Jun;36(6):1081-6.

7. The effect of pitching biomechanics on the upper extremity in youth and adolescent baseball pitchers. Davis JT, Limpisvasti O, Fluhme D, Mohr KJ, Yocum LA, ElAttrache NS, Jobe FW. Am J Sports Med. 2009 Aug;37(8):1484-91.

8. Revision ulnar collateral ligament reconstruction using a suspension button fixation technique. Lee GH, Limpisvasti O, Park MC, McGarry MH, Yocum LA, Lee TQ. Am J Sports Med. 2010 Mar;38(3):575-80.

9. Intramedullary acromioclavicular ligament reconstruction strengthens isolated coracoclavicular ligament reconstruction in acromioclavicular dislocations. Gonzalez-Lomas G, Javidan P, Lin T, Adamson GJ, Limpisvasti O, Lee TQ. Am J Sports Med. 2010 Oct;38(10):2113-22.

10. Clinical and magnetic resonance imaging findings associated with Little League elbow. Wei AS, Khana S, Limpisvasti O, Cruess J, Podesta L, Yocum LA. J Pediatr Orthop. 2010 Oct-Nov;30(7):715-9.

11. The effect of recombinant human platelet-derived growth factor BB-coated sutures on rotator cuff healing in a sheep model. Uggen C, Dines J, McGarry M, Grande D, Lee T, Limpisvasti O. Arthroscopy. 2010 Nov;26(11):1456-62.

12. A watertight construct in arthroscopic rotator cuff repair. Nassos JT, ElAttrache NS, Angel MJ, Tibone JE, Limpisvasti O, Lee TQ. J Shoulder Elbow Surg. 2012 May;21(5):589-96.

13. Anconeus epitrochlearis as a source of medial elbow pain in baseball pitchers. Li X, Dines JS, Gorman M, Limpisvasti O, Gambardella R, Yocum L. Orthopedics. 2012 Jul 1;35(7):e1129-32.

14. Isolated tear of the pectoralis minor tendon in a high school football player. Li X, Gorman MT, Dines JS, Limpisvasti O. Orthopedics. 2012 Aug 1;35(8):e1272-5.

15. Pitch velocity is a predictor of medial elbow distraction forces in the uninjured high school-aged baseball pitcher. Hurd WJ, Jazayeri R, Mohr K, Limpisvasti O, ElAttrache NS, Kaufman KR. Sports Health. 2012 Sep;4(5):415-8.

16. Glenohumeral contact pressure in a simulated active compression test using cadaveric shoulders. Lin T, Javidan P, McGarry MH, Gonzalez-Lomas G, Limpisvasti O, Lee TQ. *J Shoulder Elbow Surg.* 2013 Mar;22(3):365-74.
17. Interval throwing program and baseball pitching: Response. Slenker N, Limpisvasti O, Mohr K, Aguinaldo A, ElAttrache N. *Am J Sports Med.* 2014 May 30;42(6):NP38.
18. Biomechanical comparison of the interval throwing program and baseball pitching: upper extremity loads in training and rehabilitation. Slenker NR, Limpisvasti O, Mohr K, Aguinaldo A, ElAttrache NS. *Am J Sports Med.* 2014 May;42(5):1226-32.
19. Preoperative cryotherapy use in anterior cruciate ligament reconstruction. Koyonos L, Owsley K, Vollmer E, Limpisvasti O, Gambardella R. *J Knee Surg.* 2014 Jan 31.
20. Clinical assessment of scapula and hip joint function in preadolescent baseball players. Beckett M, Hannon M, Ropiak C, Gerona C, Mohr K, Limpisvasti O. *Am J Sports Med.* 2014 Oct;42(10):2502-9.
21. Neuromuscular evaluation with single-leg squat test at 6 months after anterior cruciate ligament reconstruction. Hall MP, Paik RS, Ware AJ, Mohr KJ, Limpisvasti O. *Orthop J Sports Med.* 2015 Mar 16;3(3)
22. Impact of fellowship training on clinical practice of orthopaedic sports medicine. Yin B, Gandhi J, Limpisvasti O, Mohr K, ElAttrache NS. *J Bone Joint Surg Am.* 2015 Mar 4;97(5)
23. Prevalence of cam-type morphology in Elite Ice Hockey Players. Lerebours F, Robertson W, Neri B, Schulz B, Youm T, Limpisvasti O. *Am J Sports Med.* 2016 Jan 28
24. Prevalence of Vitamin D insufficiency in professional hockey players. Mehran N, Schulz BM, Neri BR, Robertson WJ, Limpisvasti O. *Orthop J Sports Med.* 2016 Dec 23;4(12)
25. Evaluation and management of golf injuries Zouzias J, Stodelle J, Hendra J, Limpisvasti, O. *J Am Acad Orthop Surg.* 2016 In Press
26. Identifying hidden zones of the far posterior cartilage of the femoral condyles not visible during knee arthroscopy. Sando, MJ, Rajaei SS, Liu JP, Banffy M, Limpisvasti O, Crues JV. *AJR Am J Roentgenol.* 2017 Mar;208(3)
27. The development and validation of a subjective assessment tool for the hip in the athletic population. Papaliodis DN, Banffy MB, Limpisvasti, O, Mohr K, Mehran N, Photopoulos CD, Kvitne R, ElAttrache NS. *Am J Sports Med.* 2017 Jun 1

28. Is there a role for internal bracing and repair of the anterior cruciate ligament? A systematic literature review. Van Eck CF, Limpisvasti O, ElAttrache NS. *Am J Sports Med* 2017
29. Golf injuries: Epidemiology, pathophysiology, and treatment. Zouzas IC, Hendra J, Stodelle J, Limpisvasti O. *J Am Acad Orthop Surg*. 2018 Feb 15;26(4):116-123. doi: 10.5435/JAAOS-D-15-00433. Review.
30. Lack of level I evidence on how to prevent infection after elective shoulder surgery.

Eck CF, Neumann JA, Limpisvasti O, Adams CR. *Knee Surg Sports Traumatol Arthrosc*. 2018 Aug;26(8):2465-2480. doi: 10.1007/s00167-018-4832-7. Epub 2018 Jan 16.
31. Glenohumeral internal rotation deficit and risk of upper extremity injury in overhead athletes: A meta-analysis and systematic review. Keller RA, De Giacomo AF, Neumann JA, Limpisvasti O, Tibone JE. *Sports Health*. 2018 Mar/Apr;10(2):125-132. doi: 10.1177/1941738118756577. Epub 2018 Jan 30.
32. Ulnar collateral ligament repair with suture bridge augmentation. Urch E, DeGiacomo A, Photopoulos CD, Limpisvasti O, ElAttrache NS. *Arthrosc Tech*. 2018 Feb 12;7(3)
33. Treatment of grade III acromioclavicular separations in professional baseball pitchers: A Survey of Major League Baseball Team Physicians. Liu JN, Garcia GH, Weeks KD, Joseph J, Limpisvasti O, McFarland EG, Dines JS. *Am J Orthop (Belle Mead NJ)*. 2018 Jul;47(7). doi: 10.12788/ajo.2018.0051.
34. The biomechanical evaluation of a novel 3-strand docking technique for ulnar collateral ligament reconstruction in the elbow. Williams PN, McGarry MH, Ihn H, Schulz BM, Limpisvasti O, ElAttrache NS, Lee TQ. *J Shoulder Elbow Surg*. 2018 Sep;27(9)
35. Bioelectric silver-zinc dressing equally effective to chlorhexidine in reducing skin bacterial load in healthy volunteers. Cooke CL, Greene RS, van Eck CF, Uquillas C, Limpisvasti O. *Arthroscopy*. 2018 Oct;34(10)
36. Pitching performance after ulnar collateral ligament reconstruction at a single institution in major league baseball pitchers. Marshall NE, Keller RA, Limpisvasti O, ElAttrache NS. *Am J Sports Med*. 2018 Nov;46(13)
37. Medial elbow pain during the return-to-throwing period after ulnar collateral ligament reconstruction in pitchers. Keller RA, Marshall NE, Limpisvasti O, DeGiacomo AF, Banffy M, ElAttrache NS. *Orthop J Sports Med*. 2018 Nov 14;6(11)

38. Major league baseball pitching performance after Tommy John surgery and the effect of tear characteristics, technique, and graft type. Marshall NE, Keller R, Limpisvasti O, Schulz B, ElAttrache N. *Am J Sports Med.* 2019 Mar;47(3)
39. Proximal, distal, and contralateral effects of blood flow restriction training on the lower extremities: A randomized controlled trial. Bowman EN, Elshaar R, Milligan H, Jue G, Mohr K, Brown P, Watanabe DM, Limpisvasti O. *Sports Health.* 2019 Mar/Apr;11(2)
40. Current practice: postoperative and return to play trends after ACL reconstruction by fellowship-trained sports surgeons. Marshall NE, Keller RA, Dines J, Bush-Joseph C, Limpisvasti O. *Musculoskelet Surg.* 2019 Apr;103(1)
41. Posterior capsule injection of local anesthetic for post-operative pain control after ACL reconstruction: a prospective, randomized trial. Keller RA, Birns ME, Cady AC, Limpisvasti O, Banffy MB. *Knee Surg Sports Traumatol Arthrosc.* 2019 Mar;27(3)
42. The significant effect of the medial hamstrings on dynamic knee stability. Toor AS, Limpisvasti O, Ihn HE, McGarry MH, Banffy M, Lee TQ. *Knee Surg Sports Traumatol Arthrosc.* 2019 Aug;27(8)
43. Biomechanical evaluation of a modified internal brace construct for the treatment of ulnar collateral ligament injuries. Urch E, Limpisvasti O, ElAttrache NS, Itami Y, McGarry MH, Photopoulos CD, Lee TQ. *Orthop J Sports Med.* 2019 Oct 2;7(10)
44. UCL injury in the non-throwing athlete. Ramos N, Limpisvasti O. *Curr Rev Musculoskelet Med.* 2019 Nov 21.
45. Improved rotator cuff footprint contact characteristics with an augmented repair construct using lateral edge fixation. Urch E, Lin CC, Itami Y, Patel NA, McGarry MH, Limpisvasti O, Lee TQ. *Am J Sports Med.* 2019 Dec
46. Anterior cruciate ligament repair versus reconstruction: A kinematic analysis. Chahla J, Nelson T, Dallo I, Yalamanchili D, Eberlein S, Limpisvasti O, Mandelbaum B, Metzger MF. *Knee.* 2019 Dec 5. pii: S0968-0160(19)30246-7. doi: 10.1016/j.knee.2019.10.020. [Epub ahead of print] PMID:3181370
47. A technique utilizing graftnet to fill graft donor sites in bone-patellar-bone anterior cruciate ligament reconstruction. Mead RN, Benedict R, Limpisvasti O. *Arthrosc Tech.* 2019 Nov 13;8(12):e1469-e1472. doi: 10.1016/j.eats.2019.07.029. eCollection 2019 Dec. PMID: 31890524
48. Anterior cruciate ligament reconstruction with suture tape augmentation: A surgical technique. Anderson SR, Youssefzadeh KA, Limpisvasti O.

Arthrosc Tech. 2019 Nov 28;8(12):e1579-e1582. doi: 10.1016/j.eats.2019.08.017.
eCollection 2019 Dec. PMID 31890540

49. Response to Letter to the Editor on "Anterior cruciate ligament repair versus reconstruction: A kinematic analysis". Dallo I, Nelson T, Yalamanchili D, Eberlein S, Limpisvasti O, Mandelbaum B, Metzger M, Chahla J. *Knee*. 2020 Mar;27(2)
50. Upper-extremity blood flow restriction: the proximal, distal, and contralateral effects-a randomized controlled trial. Bowman EN, Elshaar R, Milligan H, Jue G, Mohr K, Brown P, Watanabe DM, Limpisvasti O. *J Shoulder Elbow Surg*. 2020 Jun;29(6):1267-1274.
51. Anterior Cruciate Ligament Repair Using a Knotless Suture Implant. Youssefzadeh KA, Stein SM, Limpisvasti O. *Arthrosc Tech*. 2020 Apr 10;9(5):e623-e626.
52. The Impact of COVID-19 on the Sports Medicine Fellowship Class of 2020. Perrone MA, Youssefzadeh K, Serrano B, Limpisvasti O, Banffy M. *Orthop J Sports Med*. 2020 Jul 17;8
53. Assessing the Resident Progenitor Cell Population and the Vascularity of the Adult Human Meniscus. Chahla J, Papalamprou A, Chan V, Arabi Y, Salehi K, Nelson TJ, Limpisvasti O, Mandelbaum BR, Tawackoli W, Metzger MF, Sheyn D. *Arthroscopy*. 2021 Jan;37(1):252-265.
54. Anterior Cruciate Ligament Reconstruction Graft Preference Most Dependent on Patient Age: A Survey of United States Surgeons. Bowman EN, Limpisvasti O, Cole BJ, ElAttrache NS. *Arthroscopy*. 2021 May;37(5):1559-1566.
55. A method for calculating the fragility index of continuous outcomes. Caldwell JE, Youssefzadeh K, Limpisvasti O. *J Clin Epidemiol*. 2021 Mar 5;136:20-25.
56. Epidemiologic impact of COVID-19 on a multi-subspecialty orthopaedic practice. Heaps BM, Ladnier K, Haselman WT, Limpisvasti O, Banffy MB. *J Orthop*. 2021 May-Jun; 25:151-154
57. Effect of Patient Height and Sex on the Patellar Tendon and Anterior Cruciate Ligament. Campbell AL, Caldwell JE, Yalamanchili D, Sepanek L, Youssefzadeh K, Uquillas CA, Limpisvasti O. *Orthop J Sports Med*. 2021 May 3;9(5)
58. The Impact of COVID-19 on Orthopedic Surgery Fellowship Training: A Survey of Fellowship Program Directors. Heaps BM, Dugas JR, Limpisvasti O. *HSS J*. 2022 Feb;18(1):105-109. doi: 10.1177/15563316211012006. Epub 2021 May 10. PMID: 35082559 Free PMC article.
59. The Impact of COVID-19 on the Sports Medicine Fellowship Class of 2020.

Perrone MA, Youssefzadeh K, Serrano B, Limpisvasti O, Banffy M.

Orthop J Sports Med. 2020 Jul 17;8(7):2325967120939901. doi: 10.1177/2325967120939901. eCollection 2020 Jul. PMID: 32874996

60. Biomechanical Comparison of UCL Repair Using Suspensory Fixation Versus UCL Reconstruction. Mead RN, Nelson TJ, Limpisvasti O, ElAttrache NS, Metzger MF. Orthop J Sports Med. 2021 Sep 22;9(9):23259671211038992. doi: 10.1177/23259671211038992. eCollection 2021 Sep. PMID: 35146033 Free PMC article.

61. Anterior cruciate ligament reconstruction femoral tunnel drilling preference among orthopaedic surgeons. Bowman EN, Freeman TH, Limpisvasti O, Cole BJ, ElAttrache NS. Knee. 2021 Mar; 29:564-570. doi: 10.1016/j.knee.2021.02.030. Epub 2021 Mar 26. PMID: 33774590

62. Rotator Cuff Repair Using Coracoacromial Ligament Autograft for Supraspinatus Footprint Augmentation. Vaudreuil NJ, Powers M, Limpisvasti O. Arthrosc Tech. 2022 Jan 20;11(2):e197-e201. doi: 10.1016/j.eats.2021.10.011. eCollection 2022 Feb. PMID: 35155113 Free PMC article.

63. Ulnar Collateral Ligament Repair of the Elbow-Biomechanics, Indications, and Outcomes. Torres SJ, Limpisvasti O. Curr Rev Musculoskelet Med. 2021 Apr;14(2):168-173. doi: 10.1007/s12178-021-09698-4. Epub 2021 Feb 9. PMID: 33559839 Free PMC article. Review

64. Biomechanical Comparison of Ulnar Collateral Ligament Reconstruction with and Without Suture Augmentation. Narvaez MV, Nelson TJ, Youssefzadeh K, Limpisvasti O, Metzger MF. Am J Sports Med. 2022 Jul;50(9):2508-2514. doi: 10.1177/03635465221101421. Epub 2022 Jun 20. PMID: 35722811

65. Suture Tape Augmentation Increases the Time-Zero Stiffness and Strength of Anterior Cruciate Ligament Grafts: A Cadaveric Study. Torres SJ, Nelson TJ, Pham N, Uffmann W, Limpisvasti O, Metzger MF. Arthrosc Sports Med Rehabil. 2022 Jun 28;4(4):e1253-e1259. doi: 10.1016/j.asmr.2022.02.008. eCollection 2022 Aug. PMID: 36033200 Free PMC article.

66. Shoulder surgeon techniques and preferences in treatment of massive rotator cuff tears: current practices for rotator cuff repair and superior capsule reconstruction. Vaudreuil NJ, Dooney T, Lee TQ, Limpisvasti O.

JSES Int. 2022 Aug 10;6(6):978-983. doi: 10.1016/j.jseint.2022.07.007. eCollection 2022 Nov. PMID: 36353429 Free PMC article.

67. Understanding Batter's Shoulder: Diagnosis, Treatment, and Outcomes.

Carbone A, Limpisvasti O. *Curr Rev Musculoskelet Med*. 2022 Dec;15(6):547-551. doi: 10.1007/s12178-022-09795-y. Epub 2022 Nov 24. PMID: 36418814 Free PMC article

68. Biomechanical Characterization of a New Locking Loop Stitch for Graft Fixation versus Krackow Stitch. Itami Y, Limpisvasti O, McGarry MH, Patel NA, Lin CC, Dooney T, Mihata T, Neo M, Lee TQ. *Clin Orthop Surg*. 2023 Jun;15(3):508-515. doi: 10.4055/cios22134. Epub 2023 Mar 27.

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69. Biomechanical characteristics of a new looping stitch versus the classic Krackow stitch for distal biceps fixation. Long C, Nakla A, Chung MS, Kwak D, McGarry MH, Hauck O, Limpisvasti O, Adamson GJ, Lee TQ. *JSES Int*. 2023 Apr 5;7(4):685-691. doi: 10.1016/j.jseint.2023.03.002. eCollection 2023 Jul. PMID: 37426934 Free PMC article.

70. Arthroscopic In Situ Biceps Tenodesis Using a Double Loop-and-Tack Knotless Suture Anchor. Chau M, Limpisvasti O. *Arthrosc Tech*. 2023 Jul 31;12(8):e1437-e1442. doi: 10.1016/j.eats.2023.04.014. eCollection 2023 Aug. PMID: 37654881 Free PMC article.

71. Return to Sport After Arthroscopic Capsular Repair in Elite Baseball Players. Uffmann WJ, ElAttrache NS, Youssefzadeh K, Carbone A, Limpisvasti O. *Orthop J Sports Med*. 2023 Feb 28;11(2):23259671231153142. doi: 10.1177/23259671231153142. eCollection 2023 Feb. PMID: 36874049 Free PMC article.

72. Physician Trainees' Perception of Cannabidiol Use in Medicine: A Survey Study. Boyd A, Malige A, Limpisvasti O. *Cureus*. 2023 Oct 17;15(10):e47228 doi:10.7759/cureus.47228. eCollection 2023 Oct. PMID: 38022327 Free PMC article.

73. Anterior cruciate ligament repair versus reconstruction: A kinematic analysis.

Chahla J, Nelson T, Dallo I, Yalamanchili D, Eberlein S, Limpisvasti O, Mandelbaum B, Metzger MF. *Knee*. 2020 Mar;27(2):334-340. doi: 10.1016/j.knee.2019.10.020. Epub 2019 Dec 5. PMID: 31813701

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Poster Presentation:

- AOSSM Annual Meeting 2025

Poster 70: Dynamic and Isometric Strength Analyses of Lower Extremity Blood Flow Restriction Training: A Randomized Controlled Trial

Michelle Smith-Palmiero, MD; Brooke Bergeron; Ali Zafar-Khan; Heather Milligan, PT; Karen Ladnier, PT; Orr Limpisvasti

Kerlan-Jobe Orthopaedic Clinic Program; Altru Health

- AAOS Annual Meeting

Pickleball Related Orthopaedic Injury Presentations to a Large Urban Healthcare System from 2015 to 2024.

Application Number: 8074

Event Title: Sports Medicine ePosters

Poster Number: e0884